



Lunch & Learn

Holding the Heat: The Thermal Control Layer

12pm October 16th, 2025

Presenter: Tim Warner

Email: twarner@boabc.org



Disclaimer

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Land Acknowledgement



Welcome!

Today's Session:

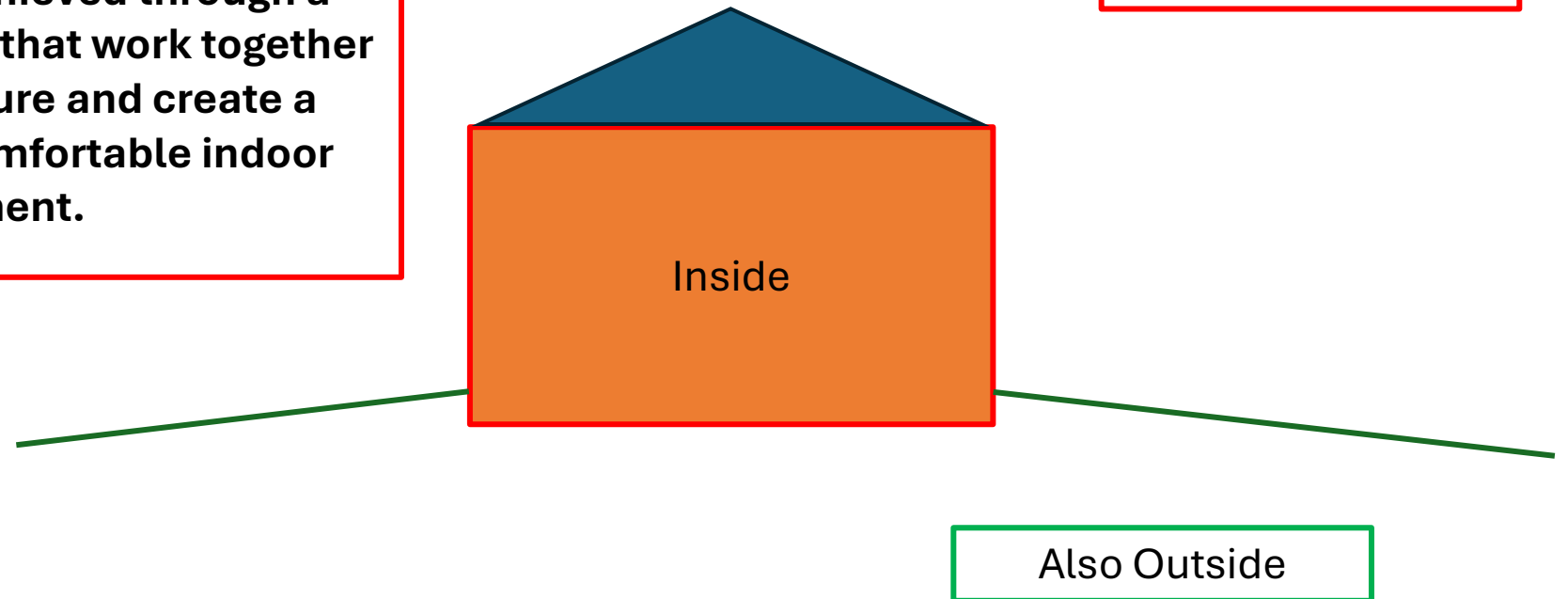
- The Building Envelope **+RECAP**
- Hierarchy of Control Layers **+RECAP**
 - Thermal Control Layer
 - Methods of Heat Transfer
 - Insulation Materials
 - Resources

Building Envelope +RECAP

What is it?

The building envelope is the system of assemblies and materials that separate the inside of a building from the outside environment.

This separation is achieved through a series of control layers that work together to protect the structure and create a durable, safe, and comfortable indoor environment.



Building Envelope +RECAP

Hierarchy of Control Layers

Bulk Water Control Layer

Air Control Layer

Vapor Control Layer*

Thermal Control Layer

The "Big 4"
Control Layers

also Sound, Light, Pests...

Building Envelope Control Layers +RECAP

How Does it Work? What questions are we asking to understand the layers?

How does each control layer work?

What forces drive interaction across the building envelope?

What are the sources of the environmental issue that we're trying to control?

Does one product or material contribute to more than one layer?

The Building Envelope

How does the code address each layer? And it's performance?

As building officials, how can we make good compliance decisions?

Bulk Water Control Layer +RECAP

How Does it Work?



Lunch & Learn

Flashings & other Part 9 Building Envelope Components

12pm August 21st, 2025

Presenter: Tim Warner
Email: twarner@boabc.org

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Air and Vapour Control Layers +RECAP

How Do they Work?



Lunch & Learn

Unpacking the Layers: Air Barriers, Vapour Barriers & WRBs

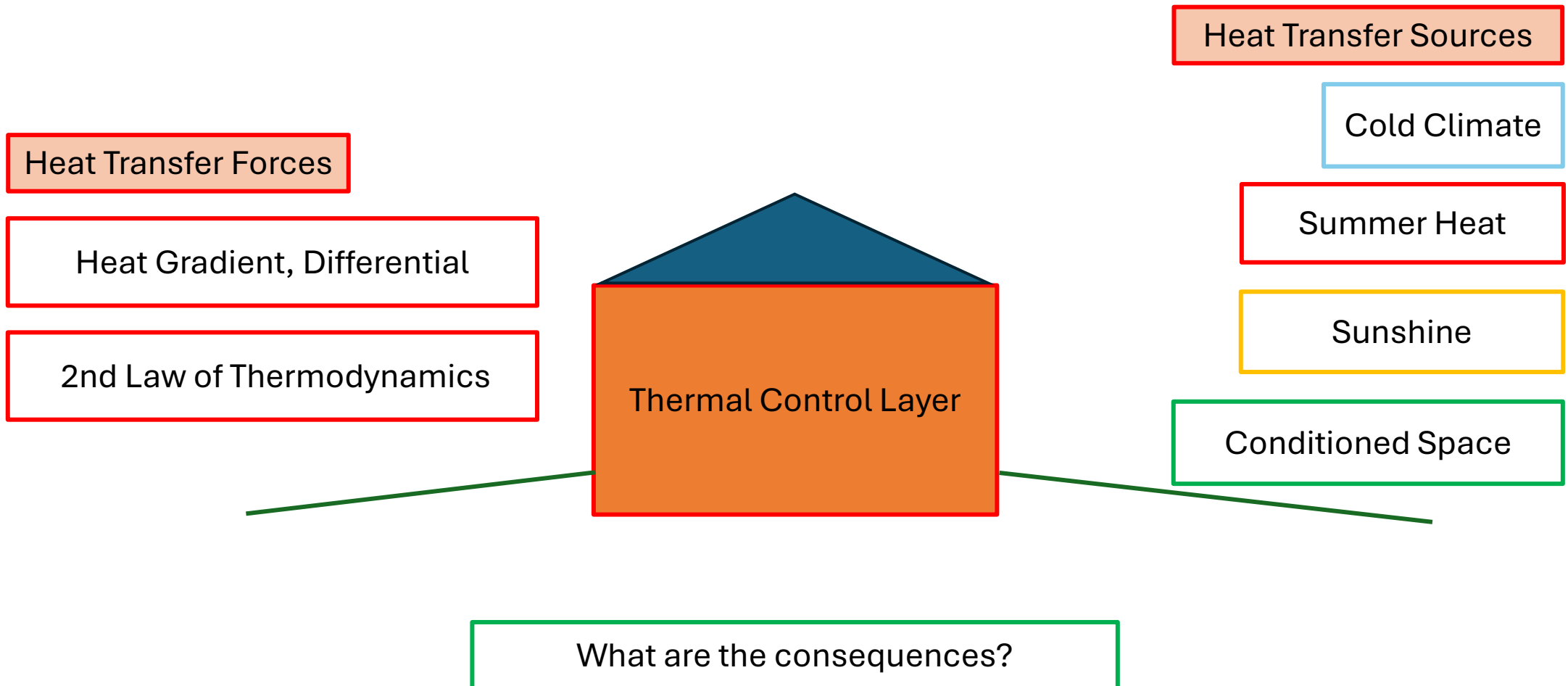
12pm September 25th, 2025

Presenter: Tim Warner
Email: twarner@boabc.org

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Thermal Control Layer

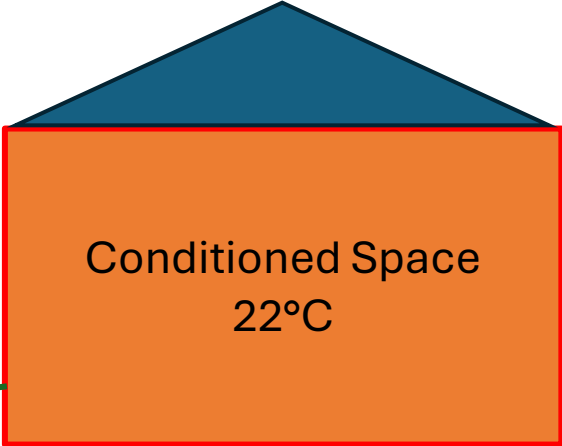
Overview



Thermal Control Layer

Heat Transfer Forces

Cold Climate
-4°C

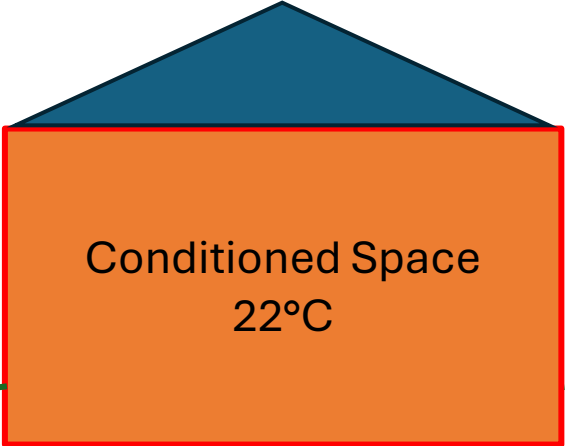


Conditioned Space
22°C

Thermal Control Layer

Heat Transfer Forces – Heat Gradient

Hot Summer
34°C



Conditioned Space
22°C

Thermal Control Layer

Heat Transfer Forces – Heat Gradient

Hot Summer
34°C

Cold Climate
-4°C

Conditioned Space
22°C

Ground Temperature
2-8°C

Thermal Control Layer

Heat Transfer Forces – 2nd Law of Thermodynamics

Heat always flows spontaneously from **hot to cold**, never from cold to hot — unless work is done.

Heat Transfer Forces – Rate of Transfer

$$Q = U \times A \times \Delta T$$

Q = Heat flow rate (the amount of heat transferred)

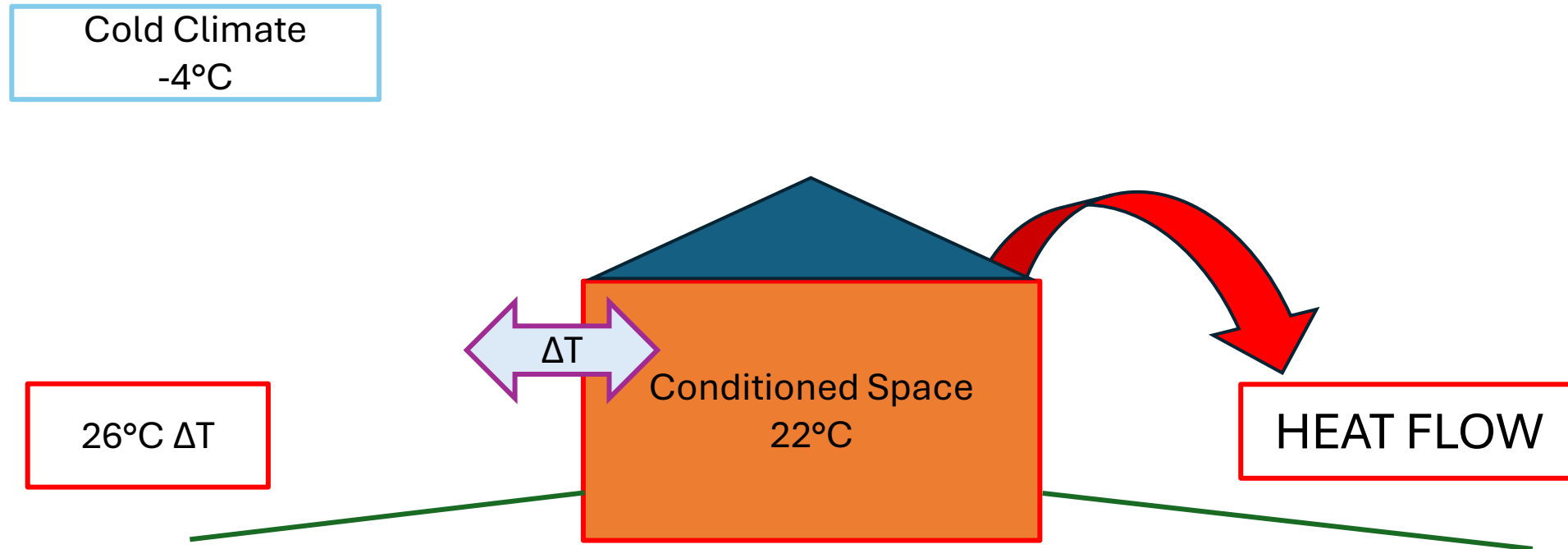
U = Overall heat-transfer coefficient — how easily heat passes through the assembly

A = Surface area of the assembly

ΔT = Temperature difference across the assembly

Thermal Control Layer

Heat Transfer Forces – Heat Gradient, Flow and Rate

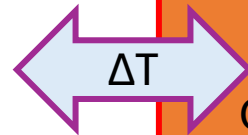


Thermal Control Layer

Heat Transfer Forces – Heat Gradient, Flow and Rate

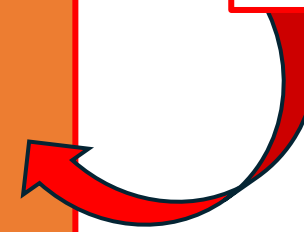
Hot Summer
34°C

12°C ΔT



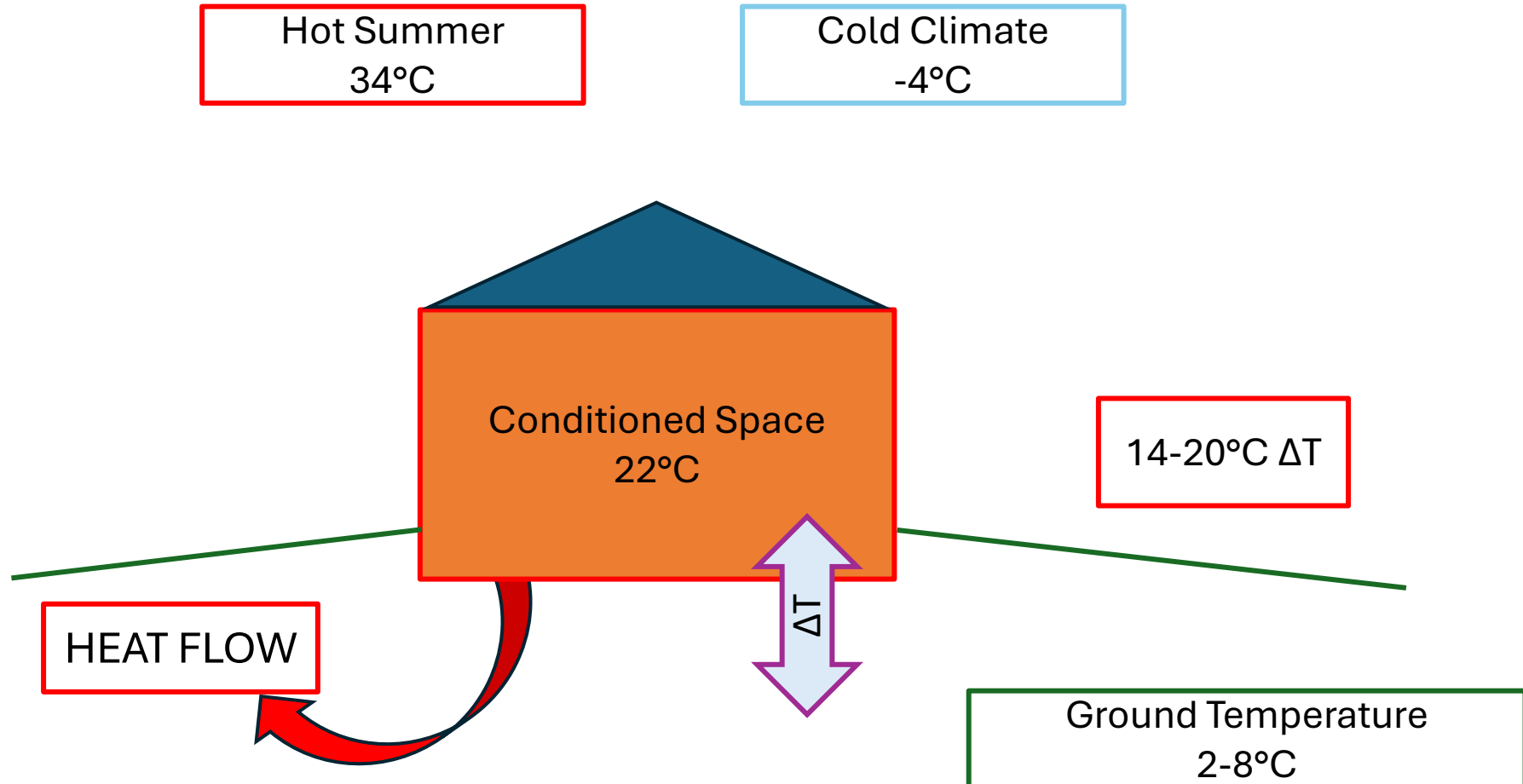
Conditioned Space
22°C

HEAT FLOW



Thermal Control Layer

Heat Transfer Forces – Heat Gradient, Flow and Rate



Thermal Control Layer

Heat Transfer Forces - Modes of Transfer

Mode	How it Works	Example
Conduction	Heat moves <i>through solids</i> by direct molecular contact. Fast-moving (hot) molecules transfer energy to slower (cold) ones.	A metal handle warming when it touches a hot pot.
Convection	Heat moves by <i>fluid motion</i> . Warm air or water becomes lighter, rises, and is replaced by cooler fluid.	Warm air rising to a ceiling, or drafts near a window.
Radiation	Heat travels as <i>infrared waves</i> through air or vacuum. It doesn't need a medium.	Feeling warmth from the sun through a window.

Thermal Control Layer

Where does the Code fit in?

Section 9.25. Heat Transfer, Air Leakage and Condensation Control

9.25.1. General

9.25.1.1. Scope and Application

1) This Section is concerned with heat, air and water vapour transfer and measures to control condensation.

2) All walls, ceilings and floors separating *conditioned space* from unconditioned space, the exterior air or the ground shall be

- a) provided with
 - i) thermal insulation conforming to Subsection 9.25.2. and Section 9.36.,
 - ii) an air barrier conforming to Subsection 9.25.3. and Section 9.36., and
 - iii) a *vapour barrier* conforming to Subsection 9.25.4., and
- b) constructed in such a way that the properties and relative position of all materials conform to Subsection 9.25.5.

(See Note A-9.25.1.1.(2).)

Thermal Control Layer

Where does the Code fit in?

9.25

The Thermal, Air and Vapour Control Layers

To ensure the building envelope effectively separates the interior from exterior conditions

Functional, Material and Installation Properties

Governs how the envelope must function physically

9.36

Energy Efficiency

To limit overall energy use by setting minimum insulation, airtightness, and system efficiency requirements.

Prescriptive and Performance Targets

Governs how much energy efficiency (and hence insulation) the envelope must deliver

Thermal Control Layer

Where does the Code fit in?

No Definition

9.25.2. Thermal Insulation

9.25.2.1. Required Insulation

Functional Control
Properties

1) All walls, ceilings and floors separating heated space from unheated space, the exterior air or the exterior *soil* shall be provided with sufficient thermal insulation to prevent moisture condensation on their room side during the winter and to ensure comfortable conditions for the occupants. (See Note A-9.1.1.1.(1).)

Thermal Control Layer

Where does the Code fit in?

9.25.2.2. Insulation Materials

Material Properties

- 1)** Except as required in Sentence (2), thermal insulation shall conform to the requirements of
 - a) ASTM C726, "Standard Specification for Mineral Wool Roof Insulation Board"
 - b) CAN/CGSB-51.25-M, "Thermal Insulation, Phenolic, Faced"
 - c) CGSB 51-GP-27M, "Thermal Insulation, Polystyrene, Loose Fill"
 - d) CAN/ULC-S701.1, "Standard for Thermal Insulation, Polystyrene Boards"
 - e) CAN/ULC-S702.1, "Standard for Mineral Fibre Thermal Insulation for Buildings, Part 1: Material Specification,"
 - f) CAN/ULC-S703, "Standard for Cellulose Fibre Insulation (CFI) for Buildings"
 - g) CAN/ULC-S704.1, "Standard for Thermal Insulation, Polyurethane and Polyisocyanurate, Boards, Faced,"
 - h) CAN/ULC-S705.1, "Standard for Thermal Insulation – Spray Applied Rigid Polyurethane Foam, Medium Density – Material Specification" or
 - i) CAN/ULC-S706.1, "Standard for Wood Fibre Insulating Boards for Buildings."
- 2)** The *flame-spread ratings* requirements contained in the standards listed in Sentence (1) shall not apply. (See Note A-9.25.2.2.(2).)
- 3)** Insulation in contact with the ground shall be inert to the action of *soil* and water and shall be such that its insulative properties are not significantly reduced by moisture.

Thermal Control Layer

Where does the Code fit in?

Installation Properties

9.25.2.3. Installation of Thermal Insulation

- 1)** Insulation shall be installed so that there is a reasonably uniform insulating value over the entire face of the insulated area.
- 2)** Insulation shall be applied to the full width and length of the space between furring or framing.
- 3)** Except where the insulation provides the principal resistance to air leakage, thermal insulation shall be installed so that at least one face is in full and continuous contact with an element with low air permeance. (See Note A-9.25.2.3.(3).)
- 4)** Insulation shall be installed over the full height of *foundation* walls enclosing a *basement* or heated crawl space. (See also Note A-9.36.2.5.(5).)
- 5)** Insulation around concrete slabs-on-ground shall be located so that heat from the *building* is not restricted from reaching the ground beneath the perimeter, where exterior walls are not supported by footings extending below frost level.

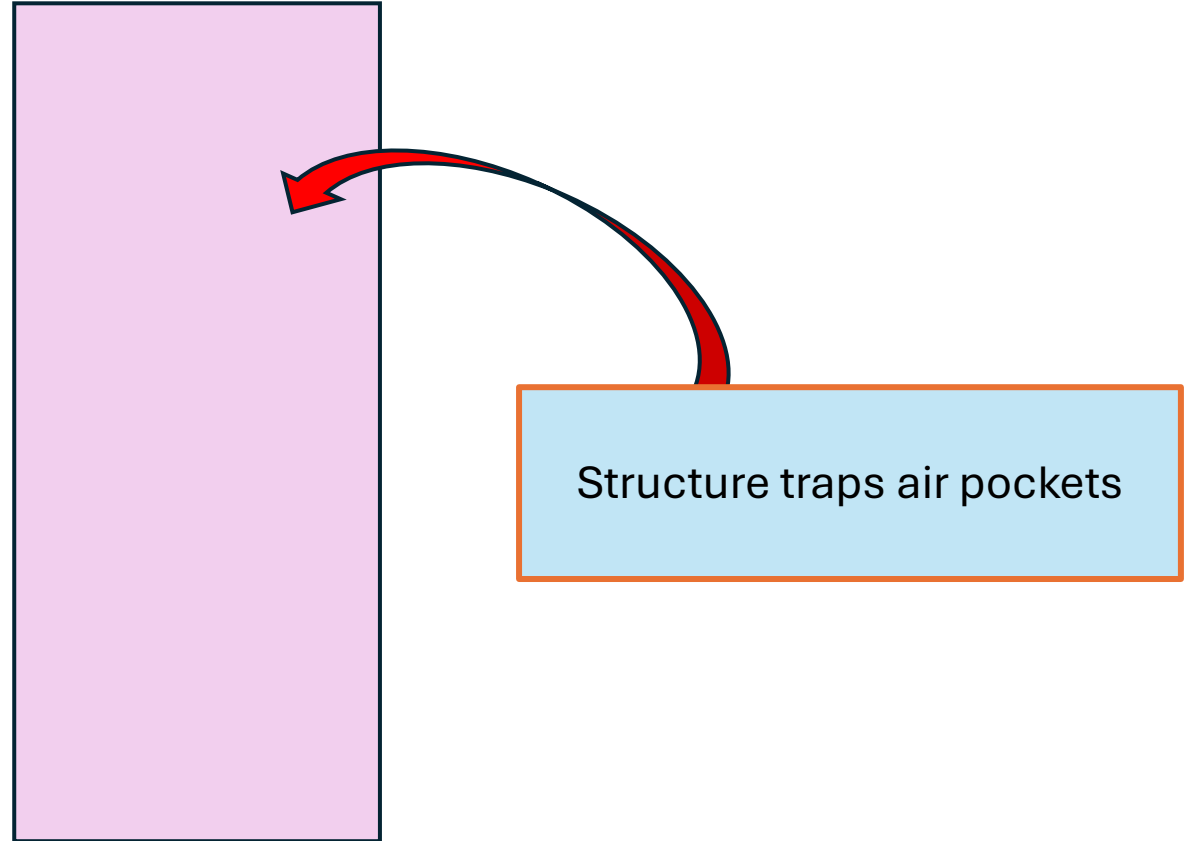
Thermal Control Layer

Material Properties of Insulation

Glass Fibre Insulation

Available in batts and loose fill

Traps air pockets to reduce
conduction



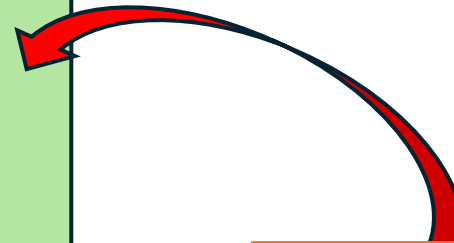
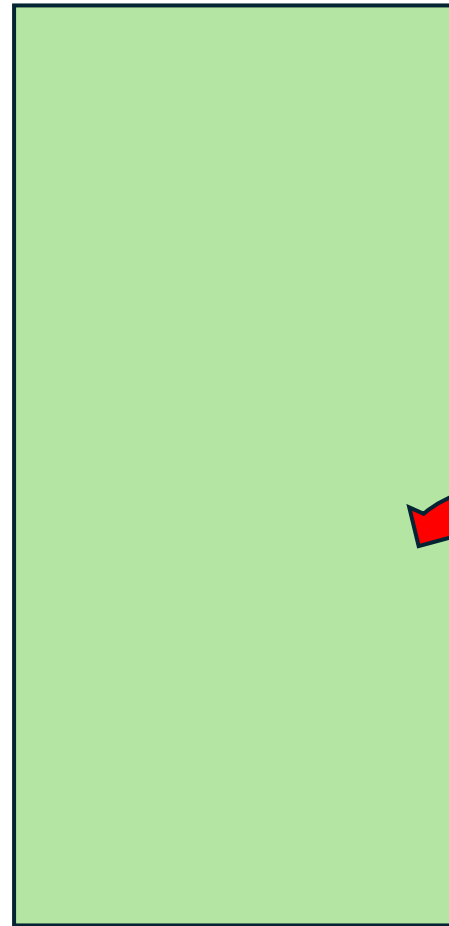
Thermal Control Layer

Material Properties of Insulation

Mineral Fibre Insulation

Available in batts and loose fill

Traps air pockets to reduce
conduction



Structure traps air pockets

Thermal Control Layer

Material Properties of Insulation

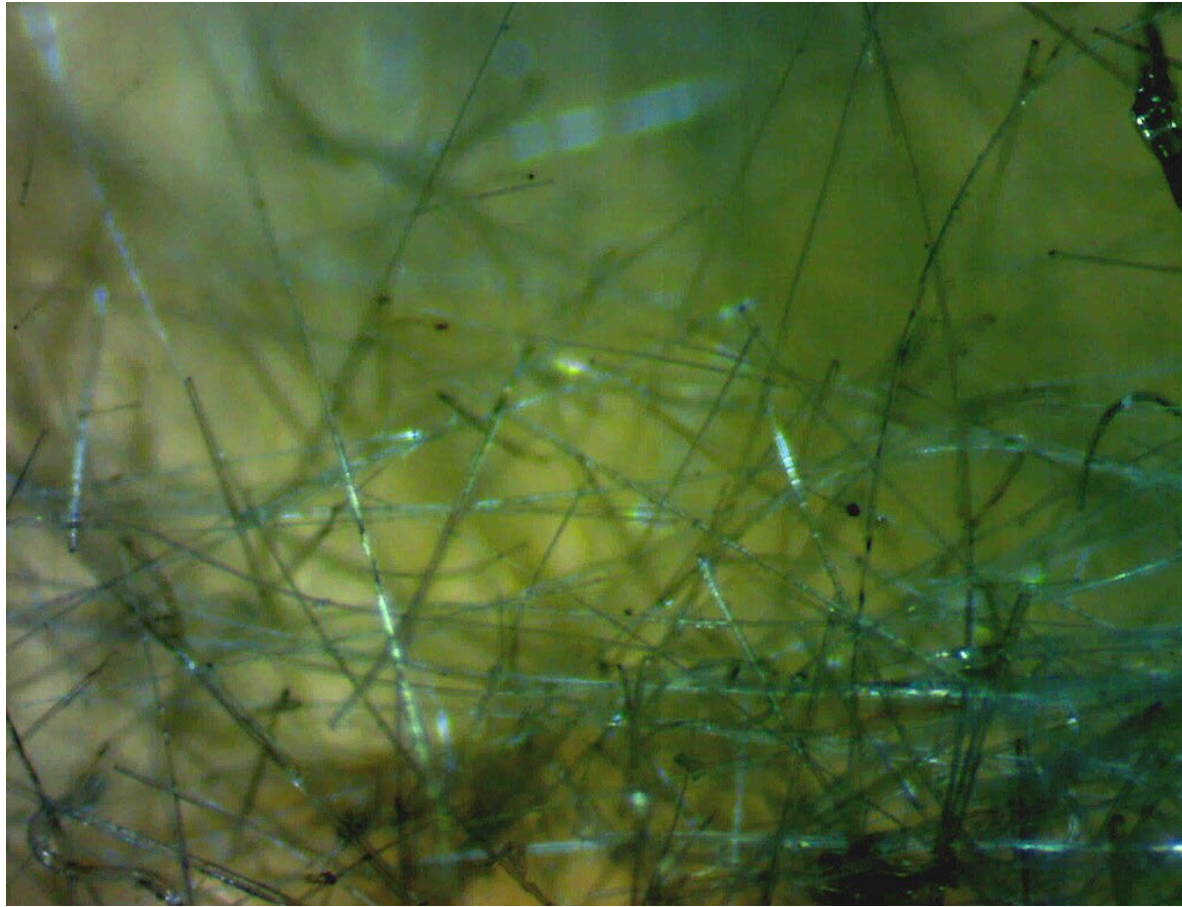


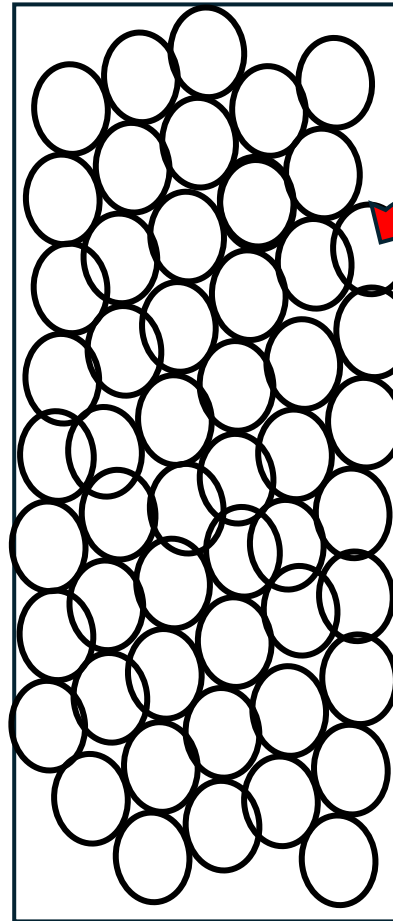
Photo: Achim Hering

Thermal Control Layer

Material Properties of Insulation

Expanded
Polystyrene Insulation
(EPS)

Preformed beads of
polystyrene resin expanded
under heat/pressure, then
bonded in a form



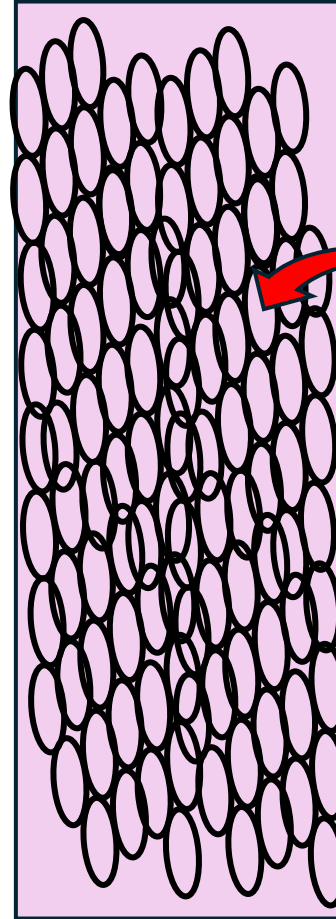
Starts as pentane gas, which
diffuses and is replaced with
air

Thermal Control Layer

Material Properties of Insulation

Extruded
Polystyrene Insulation
(XPS)

Melted polystyrene resin and
blowing agent are extruded
through a die.

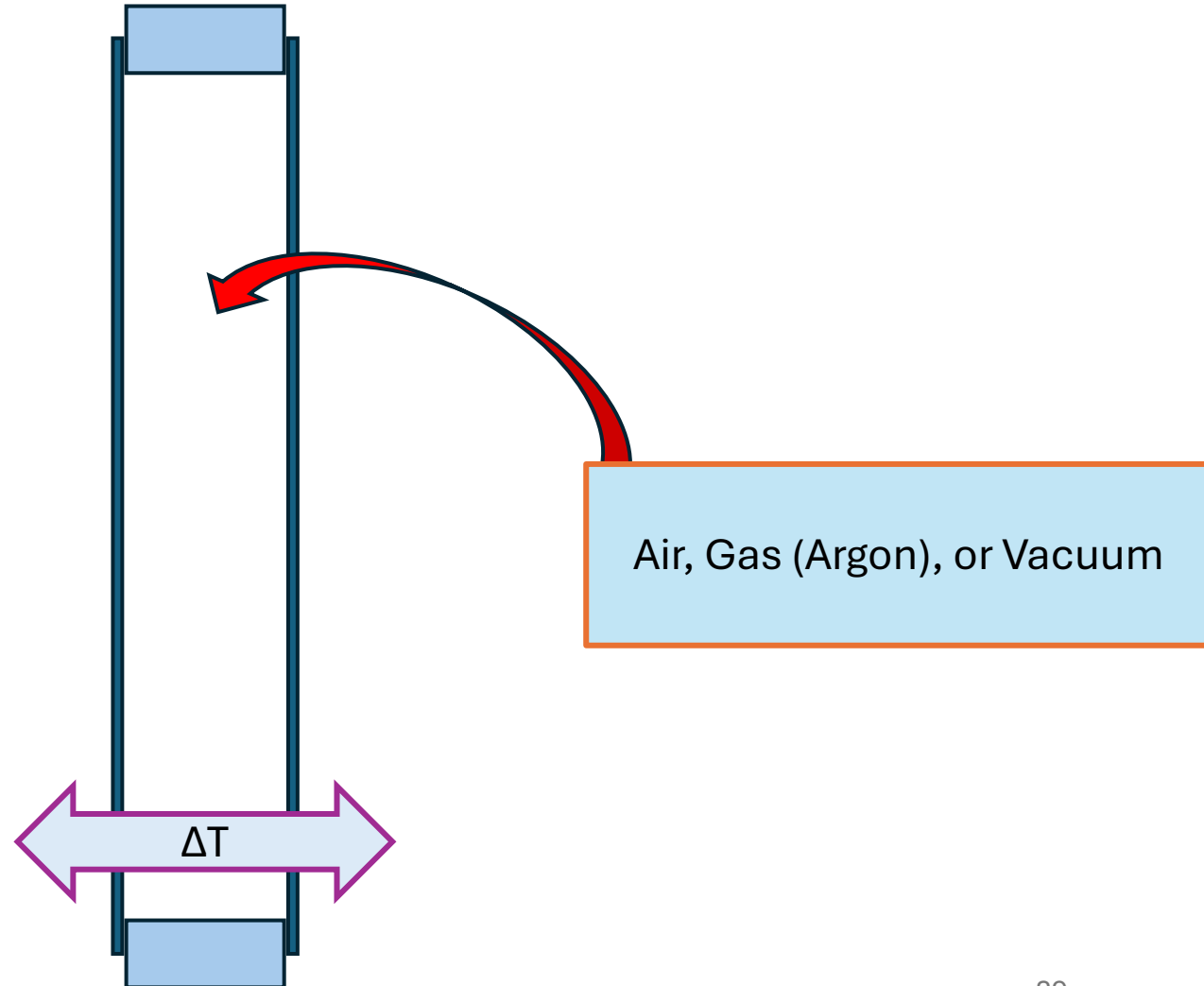


Blowing agent (gas) remains
trapped

Thermal Control Layer

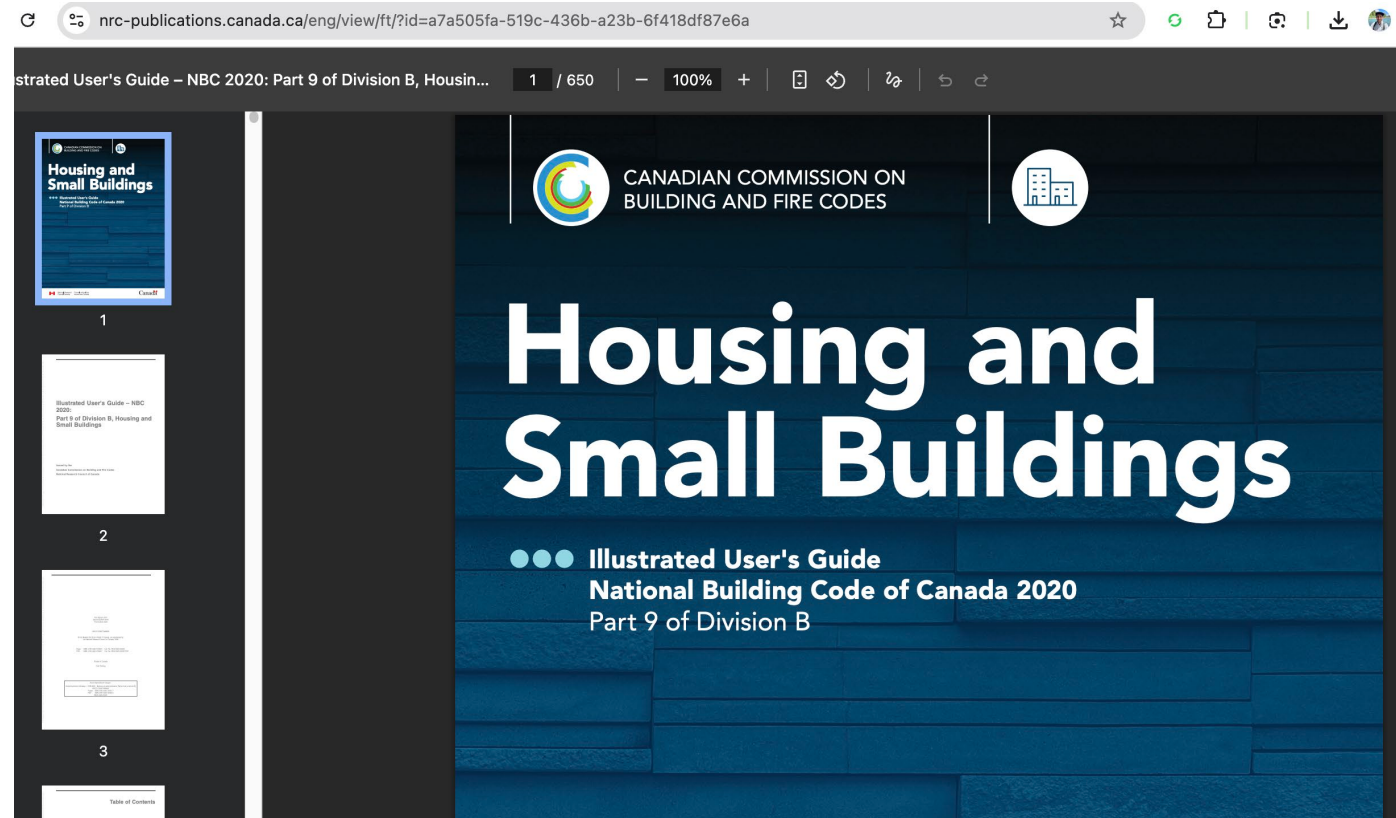
Material Properties of Windows

Double Glazed Window



Resources

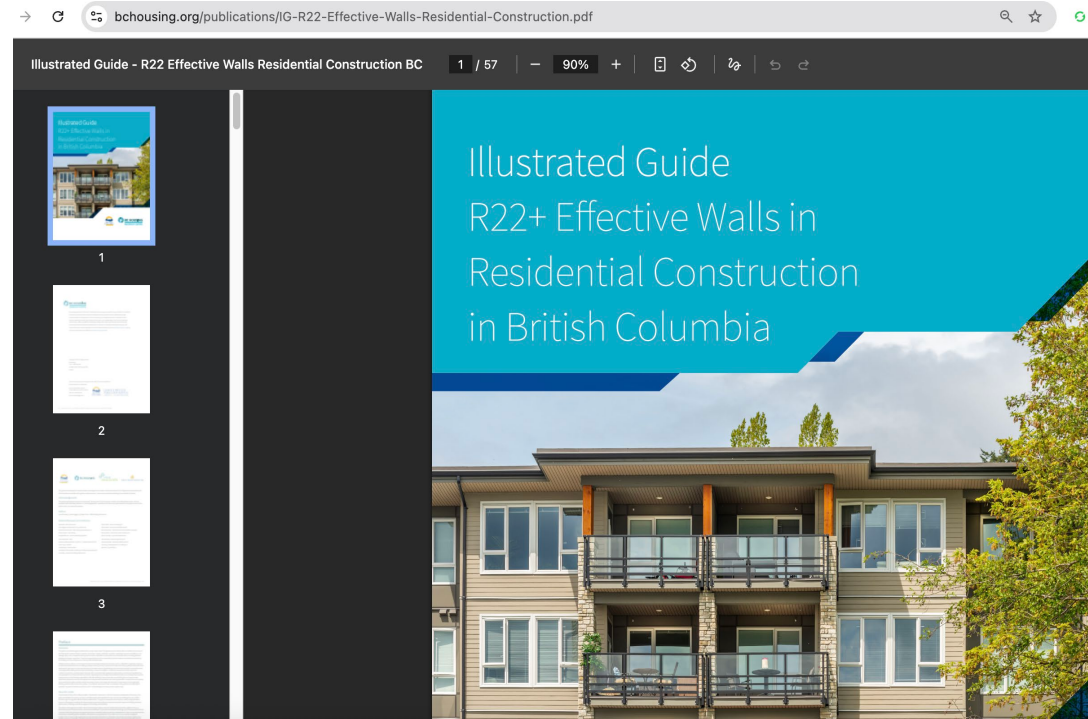
Illustrated User's Guide



<https://nrc.canada.ca/en/certifications-evaluations-standards/codes-canada/codes-canada-publications/illustrated-users-guide-national-building-code-canada-2020-part-9-division-b-housing-small-buildings>

Resources

BC Housing – Illustrated Guide R22+ Effective Walls



<https://www.bchousing.org/publications/IG-R22-Effective-Walls-Residential-Construction.pdf>

Resources

Natural Resources Canada- Keeping the Heat In

natural-resources.canada.ca/energy-efficiency/home-energy-efficiency/keeping-heat

Government of Canada / Gouvernement du Canada

Search the website

MENU

Canada.ca > Natural Resources Canada > Energy efficiency > Home energy efficiency

Keeping the Heat In

Natural Resources Canada's Office of Energy Efficiency offers this guide to educate on basic principles of building science and to provide guidance in home retrofit projects such as insulation and air sealing improvements.

Chapter Summary

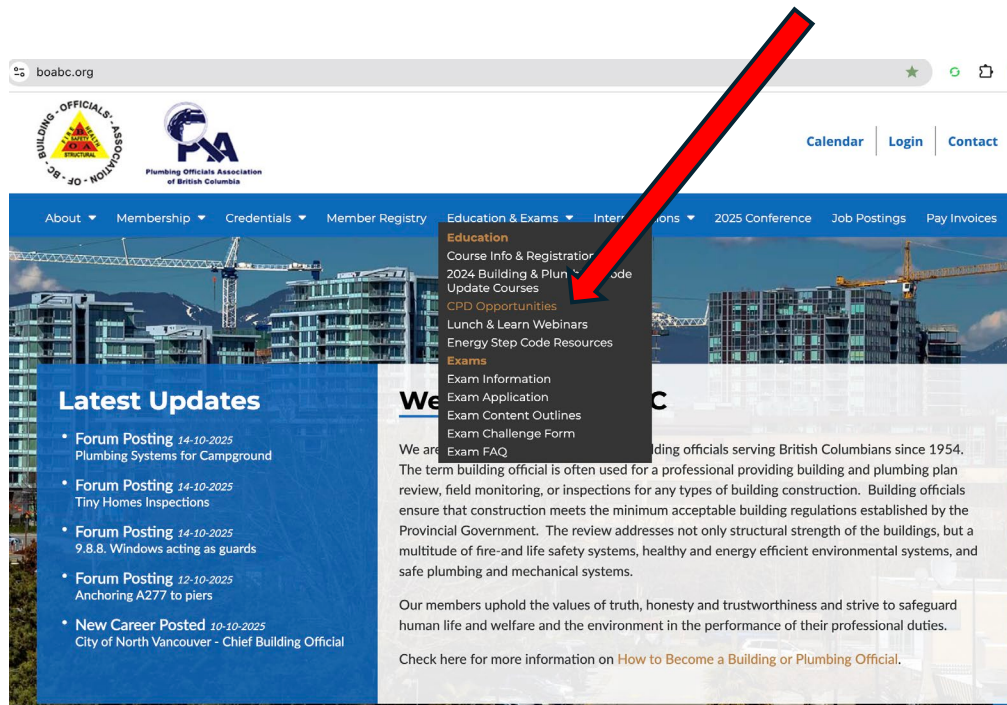
- [Section 1: Introduction](#)
- [Section 2: How your house works](#)
- [Section 3: Materials](#)
- [Section 4: Comprehensive air leakage control](#)
- [Section 5: Roofs and attics](#)
- [Section 6: Basement insulation](#)
- [Section 7: Insulating Walls](#)
- [Section 8: Upgrading windows and doors](#)
- [Section 9: Operating your house](#)



<https://natural-resources.canada.ca/energy-efficiency/home-energy-efficiency/keeping-heat>

Next Session

Understanding AI Assisted Regulatory Workflows



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<https://boabc.org/new-training-course-available-understanding-ai-assisted-regulatory-workflows/>

End/Questions:



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